



HARVARD UNIVERSITY
GROUP HEALTH PLAN



HUGHP Newsletter Spring 2022

April 5, 2022

Dear Member,

Spring is here! As we look towards the promise of warmer days, we are reminded of Mark Twain's quote, "If you don't like the weather in New England now, just wait a few minutes."

In this issue you will find:

- Care across state lines
- Virtual Wellness challenge
- 1099HC forms
- New website
- Colon cancer awareness

Should you have any questions about the health plan and/or recommendations for newsletter topics, please do not hesitate to reach out.

Be well,
Your Member Services Team



CARE ACROSS STATE LINES

At the start of the COVID-19 public health emergency, many states relaxed licensure regulations allowing clinicians to provide care across state lines. The governances varied by state, and as the public health emergency eased, most of the temporary ordinances expired. Because of this, we wanted to remind you of how telehealth benefits are covered.

In-network coverage (HMO, POS, POS+)

- Members can meet with their provider via telephone or telemedicine
- The benefit is open to all specialty* types, including urgent care and behavioral health
- **The provider must be a HMO Blue or a Well Connection provider**
- Copayments will apply for non-COVID related telemedicine

Out-of-network coverage (POS/POS+)

- Members can meet with their provider via telephone or telemedicine

Healthy Together Wellness Challenge

Team up with co-workers and track your steps on a virtual trek across the equivalent of the continent of Africa! As your team makes progress in the Healthy Together Wellness Challenge, you'll learn about the rich history, natural resources, and amazing ecosystems of the virtual countries you pass through.

Stay tuned for more information. Registration opens April 11.



1099HC Forms

The 1099-HC form allows Massachusetts residents to confirm health insurance when filing their taxes. Forms were mailed to subscribers in January. If you need another copy, you may download one online.

- Log into [MyBlue](#).
- Click on "My Inbox" at the top of the page.
- From there, click on "Documents" and then "Tax Forms."

- The benefit is open to all specialty types, including urgent care and behavioral health
- **The provider must be licensed in the same state where the member is located at the time of the service**
- Out-of-network cost-sharing will apply for non-COVID telemedicine

[Learn more about telemedicine benefits.](#)

*Most specialty care requires a referral.

[Home](#) > [My Inbox](#) > [My Documents](#) > Tax Forms

 2021 Tax Forms



[OUR NEW WEBSITE IS LIVE!](#)

We're seeking member testimonials for our new website and/or marketing materials. If you are willing to share an experience you've had with our team, please contact us at 617-495-2008 or by email at Mservices@huhs.harvard.edu.

Additionally, if there's anything you would like to see improved from the newly redesigned site, [we'd love to hear from you!](#)

EMAIL: Mservices@huhs.harvard.edu

COLORECTAL CANCER AWARENESS

Screening plays a vital role in early detection and treatment. Know your rights as a member and discuss the best course of screening with your doctor. Your coverage includes:

- Cologuard, a multitarget stool DNA test, for average risk patients between age 45 to 85 years and who are not symptomatic
- Colonoscopy, a visual exam, once every ten years, starting at age 45

Individuals who are at an increased risk for colon cancer should consult with their doctor regarding the age they should begin testing and the frequency of their testing.

Routine screening is covered at no-cost when care is received from a BCBSMA HMO Blue provider; cost-sharing may apply for diagnostic services.



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