A health plan that puts you front and center

Benefits

<table>
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<tr>
<th>Benefits</th>
<th>HUGHP</th>
<th>Harvard Pilgrim</th>
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</thead>
<tbody>
<tr>
<td>Urgent Care at David S. Rosenthal, M.D. Center for Wellness and Health Promotion</td>
<td>✓</td>
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<tr>
<td>Convenient On-campus Physicians</td>
<td>✓</td>
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<tr>
<td>Member Services On Campus</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Routine Physical Exams</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Emergency Room Visits</td>
<td>✓</td>
<td>✓</td>
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<td>Maternity</td>
<td>✓</td>
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<tr>
<td>Diagnostic Services: X-rays &amp; Laboratory Tests</td>
<td>✓</td>
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<tr>
<td>Routine Visits</td>
<td>✓</td>
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<tr>
<td>Hospitals (Inpatient &amp; Outpatient)</td>
<td>✓</td>
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<tr>
<td>Mental Health &amp; Substance Abuse</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Chiropractic Care</td>
<td>✓</td>
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<tr>
<td>Prescription Drugs</td>
<td>✓</td>
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This brochure is an overview. Please contact each plan for detailed coverage information.

Find out more about HUGHP at hughp.harvard.edu or contact:
Harvard University Group Health Plan
75 Mt. Auburn Street
Cambridge, MA 02138
617.495.2008
mservices@huhs.harvard.edu

For information on HUGHP enrollment, contact the Harvard Human Resources, Benefits Office.
617.496.4001

Ready to sign up?
Visit harvie.harvard.edu for information on how to enroll in HUGHP.

What is HUGHP?
The Harvard University Group Health Plan (HUGHP) is a unique health insurance plan created specifically for you, a member of the Harvard University community.

Why choose HUGHP?
HUGHP is committed to personalized, state-of-the-art primary and specialty care in convenient locations across Harvard campuses and throughout Massachusetts.
- Easy access to primary care physicians at Harvard University Health Services and Atrius Health
- Access to a vast network of specialists through Blue Cross Blue Shield of Massachusetts, Harvard University Health Services, and Atrius Health
- Affiliations with world-renowned medical centers, including Beth Israel Deaconess Medical Center, Brigham & Women’s Hospital, Children’s Hospital Boston, Dana-Farber Cancer Institute, Massachusetts General Hospital, and Mount Auburn Hospital
- An array of integrative therapies to promote whole-health well-being through Blue Cross Blue Shield of Massachusetts, Harvard’s Center for Wellness, and select Atrius Health locations
- Lower premiums
- Discounted prescription options, including mail order
- The choice between HMO and POS plans

How HUGHP Works
Through our partnerships, HUGHP provides expertise, reach, and access to the doctors you need.

1. Primary Care Network Options
Select a primary care physician at either Harvard University Health Services or one of the Atrius Health medical group locations.

2. Specialty Care Network
In addition to the specialty care available at Harvard University Health Services and Atrius Health medical groups, HUGHP members also have access to Blue Cross Blue Shield of Massachusetts specialists.
Only HUGHP members have the unique option of receiving care through Harvard University Health Services (HUHS). HUHS offers state-of-the-art multi-specialty group practices in convenient locations across the Harvard campuses, with urgent care provided 365 days a year at the Richard A. and Susan F. Smith Campus Center.

- Harvard Square—Smith Campus Center, Cambridge
- Harvard Law School—Pound Hall, Cambridge
- Longwood Medical Area—Vanderbilt Hall, Boston

HUHS primary care physicians and specialists are affiliated with Beth Israel Deaconess Medical Center, Brigham & Women’s Hospital, Children’s Hospital Boston, Dana-Farber Cancer Institute, Massachusetts General Hospital, and Mount Auburn Hospital. HUHS medical teams collaborate to provide confidential, personalized care for each patient.

Savings to keep you—and your bottom line—healthy

In today’s economic climate, savings matter more than ever. HUGHP wants to help you in every way possible. Just a few of the benefits members receive include:

- Lower health plan premiums
- Up to 50% discounts on health and wellness treatments at Harvard’s Center for Wellness
- $150 toward membership or exercise classes for you or your family at a qualified health club
- $150 on qualified weight loss program fees for you or your family
- Access to free smoking cessation programs

Primary care near you

HUHS members can select a primary care physician at any of the convenient Harvard University Health Services or Atrius Health medical group locations.

Harvard Square
Harvard Law School
Longwood Medical Area