



A health plan that puts you front and center

for Union Members

2022



HARVARD UNIVERSITY
GROUP HEALTH PLAN



MASSACHUSETTS



What is HUGHP?

The Harvard University Group Health Plan (HUGHP) is a unique health insurance plan created specifically for you, a member of the Harvard University community.

Why choose HUGHP?

HUGHP is committed to personalized, state-of-the-art primary and specialty care in convenient locations across Harvard campuses and throughout Massachusetts.

- Easy access to primary care physicians at Harvard University Health Services and Atrius Health
- Access to a vast network of specialists through Blue Cross Blue Shield of Massachusetts, Harvard University Health Services, and Atrius Health
- Affiliations with world-renowned medical centers, including Beth Israel Deaconess Medical Center, Brigham & Women's Hospital, Children's Hospital Boston, Dana-Farber Cancer Institute, Massachusetts General Hospital, and Mount Auburn Hospital
- An array of integrative therapies to promote whole-health well-being through Blue Cross Blue Shield of Massachusetts, Harvard's Center for Wellness, and select Atrius Health locations
- Lower premiums
- Prescription mail order discounts
- The choice between HMO and POS plans

How HUGHP Works

Through our partnerships, HUGHP provides expertise, reach, and access to the doctors you need.

1. Primary Care Network Options

Select a primary care physician at either Harvard University Health Services or one of the Atrius Health medical group locations.



Harvard University Health Services provides access to primary and specialty care physicians at convenient locations across the Harvard campuses.



Atrius Health medical groups (including Harvard Vanguard) offer access to hundreds of primary, pediatric, and specialty care physicians in locations throughout Massachusetts.

Mount Auburn Pediatrics is now part of our pediatric network.

2. Specialty Care Network

In addition to the specialty care available at Harvard University Health Services and Atrius Health medical groups, HUGHP members also have access to Blue Cross Blue Shield of Massachusetts specialists.





Harvard University Health Services

HUGHP members have the unique option of receiving care through Harvard University Health Services (HUHS). HUHS offers state-of-the-art multi-specialty group practices in convenient locations across the Harvard campuses, with urgent care provided 365 days a year at the Richard A. and Susan F. Smith Campus Center.

- Harvard Square—Smith Campus Center, Cambridge
- Harvard Law School—Pound Hall, Cambridge
- Longwood Medical Area—Vanderbilt Hall, Boston

HUHS primary care physicians and specialists are affiliated with Beth Israel Deaconess Medical Center, Brigham & Women's Hospital, Children's Hospital Boston, Dana-Farber Cancer Institute, Massachusetts General Hospital, and Mount Auburn Hospital. HUHS medical teams collaborate to provide confidential, personalized care for each patient.

Savings to keep you—and your bottom line—healthy

In today's economic climate, savings matter more than ever. HUGHP wants to help you in every way possible. Just a few of the benefits members receive include:

- Lower health plan premiums
- Discounts on health and wellness treatments at Harvard's Center for Wellness
- Up to \$150 toward membership, exercise classes at qualified health clubs or certain exercise classes
- \$150 on qualified weight loss program fees for you or your family
- Reimbursements for childbirth classes





David S. Rosenthal
**center for wellness
and health promotion**
Harvard University Health Services

HUGHP knows the power of integrative therapies combined with conventional treatment. As a HUGHP member, you receive up to 50% discounts on services at Harvard's David S. Rosenthal, M.D. Center for Wellness and Health Promotion. Conveniently located in the Smith Campus Center, the Center for Wellness and Health Promotion offers an array of holistic therapies and mind/body activities to promote whole health in the individual. Massage, acupuncture, and exercise classes, including yoga and Pilates, are just a few of the ways that HUGHP helps you pursue wellness.



Primary care near you

HUGHP members can select a primary care physician at any of the convenient Harvard University Health Services or Atrius Health medical group locations.

Harvard University Health Services

Harvard Square
(Smith Campus Center)
Harvard Law School
Longwood Medical Area

Mount Auburn Pediatrics

Cambridge

Atrius Health Medical Group

**Harvard Vanguard
Medical Associates**
Boston
Copley, Kenmore,
Post Office Square,
West Roxbury
Beverly
Braintree
Burlington
Cambridge
Chelmsford
Concord
Medford
Needham
Peabody-Lynnfield

Quincy
Somerville
Watertown
Wellesley
Weymouth

Dedham Medical Associates
Dedham, Norwood

Granite Medical
Quincy

Plymouth Medical Group
Bourne
Duxbury
Kingston
Plymouth

Benefits

At-a-Glance

Benefits	HUGHP
Discounts at the David S. Rosenthal, M.D. Center for Wellness and Health Promotion	✓
Convenient On-campus Physicians	✓
Member Services On Campus	✓
Routine Physical Exams	✓
Emergency Room Visits	✓
Maternity	✓
Diagnostic X-rays & Laboratory Tests	✓
Routine Vision	✓
Hospital (Inpatient & Outpatient)	✓
Mental Health & Substance Use Disorders	✓
Chiropractic Care	✓
Prescription Drugs	✓

This brochure is an overview. Please contact each plan for detailed coverage information.

MEET OUR TEAM

We don't just work for the plan - we're Harvard employees - just like you!

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